

YOGA ASSOCIATION OF ALBERTA
REQUIRED DOCUMENTATION FOR YAA RECERTIFICATION

- Recertification Application Form with fee payment (**Appendix H-1**),
- Workshops / Classes Summary Sheet (**Appendix H-2**),
- Employment / Teaching Summary Sheet (**Appendix H-3**).

YOGA ASSOCIATION OF ALBERTA
11759 Groat Road, Edmonton AB T5M 3K6
Phone: 780.427.8776; Fax: 780.422.2663; email: yaa@yoga.ca

**YAA HATHA YOGA TEACHER
RECERTIFICATION APPLICATION FORM**

- * Applicants must maintain YAA membership and be in good standing (\$25/yr). *
- * Applications must be received approximately 6 weeks before Executive Meeting or AGM. Check *Yoga Bridge* Calendar of Events for due dates. *
- *Please be advised that any applicant may be subject to an audit of submitted documentation at anytime. *
- * INCOMPLETE FORMS WILL BE RETURNED. *

Name: _____	E-mail Address: _____
Address: _____	
City/Province: _____	Postal Code: _____
Phone Number: (Home) _____	(Work) _____

Submit Recertification Application Form with Fee Payment (**\$75 Certification Fee / 3 years; Late fee \$25: with special permission only**), along with **A MINIMUM OF 300 HOURS OF HATHA YOGA** professional development in the following categories: (See the *Hatha Yoga Teacher Training Syllabus and Guidelines and Hatha Yoga Teacher Certification Requirements and Guidelines* at www.yoga.ca/beateacher.htm for more details. See Appendix A for a definition of hatha yoga.)

- **WORKSHOPS / CLASSES:** You must account for a **minimum of 150 hours** of participation as a student in HATHA YOGA WORKSHOPS/ CLASSES WITHIN A THREE YEAR PERIOD. It is recommended that the workshops / classes are taught by senior international hatha yoga instructors or senior hatha yoga instructors.
- **TEACHING HOURS:** You must account for a **minimum of 50 hours** of teaching HATHA YOGA WITHIN A THREE YEAR PERIOD. If you have between 50-149 hours of teaching, then the additional required hours to make up the **total of 300 hours** can be made up through attendance in hatha yoga workshops / classes.

If you have taught or attended workshops / classes over and above the required hours, please record those hours as well in order that a complete profile of your professional development is in your Yoga Association of Alberta Certification file. If you do not meet the minimum hourly requirements as outlined above, please see the above-mentioned document, Section III.5 – Requests for Extension.

By signing below, I affirm that all the documents attached to this certification application are correct, complete and fully disclose my yoga activities. I also agree to have my name, phone number, teaching location and training added to the YAA Directory in *Yoga Bridge* and on the YAA Website. I am an Alberta resident.

Applicant Signature: _____ Date: _____

**YOGA ASSOCIATION OF ALBERTA
WORKSHOPS / CLASSES SUMMARY SHEET**

NAME: _____

YAA Certified Since: _____

You must account for a **minimum of 150 hours** of participation as a student in **HATHA YOGA workshops or classes** within a three year period. (See the *Hatha Yoga Teacher Training Syllabus and Guidelines* and *Hatha Yoga Teacher Certification Requirements and Guidelines* at www.yoga.ca/beateacher.htm for more details. See Appendix A for a definition of hatha yoga.) It is recommended that the workshops or classes are taught by senior international hatha yoga instructors or senior hatha yoga instructors.

Date	Teacher	Location	Hatha Yoga Hours	Estimate % of Class Hours on Asana Training	Class Description
TOTAL HATHA YOGA CLASS HOURS				Use more pages as necessary	

**YOGA ASSOCIATION OF ALBERTA
EMPLOYMENT / TEACHING SUMMARY SHEET**

NAME: _____

You must account for a minimum of **50 hours of teaching HATHA YOGA** within a three year period. (See the *Hatha Yoga Teacher Training Syllabus and Guidelines and Hatha Yoga Teacher Certification Requirements and Guidelines* at www.yoga.ca/beateacher.htm for more details. See Appendix A for a definition of hatha yoga.) If you have between 50-149 hours of teaching, then the additional required hours to make up the total of 300 hours can be made up through attendance in hatha yoga workshops / classes.

Record of Hatha Yoga Employment/Teaching

Date	Employer	Phone	Class Location & Description	Hours
TOTAL TEACHING HOURS				

Use more pages as necessary