

YOGA ASSOCIATION OF ALBERTA

REQUIRED DOCUMENTATION FOR YAA SENIOR TEACHER RECERTIFICATION

- Senior Teacher Recertification Application Form with fee payment (**Appendix K-1**),
- Senior Teacher Workshops / Classes Summary Sheet (**Appendix K-2**),
- Senior Teacher Employment / Teaching Summary Sheet (**Appendix K-3**).

**YOGA ASSOCIATION OF ALBERTA
11759 Groat Road, Edmonton AB T5M 3K6**

Phone: 780.427.8776; Fax: 780.422.2663; email: yaa@yoga.ca

**YAA SENIOR TEACHER
RECERTIFICATION APPLICATION FORM**

* Applicants must maintain YAA membership and be in good standing (\$25/yr). *

* Applications must be received approximately 6 weeks before Executive Meeting or AGM. Check *Yoga Bridge* Calendar of Events for due dates. *

*Please be advised that any applicant may be subject to an audit of submitted documentation at anytime. *

* INCOMPLETE FORMS WILL BE RETURNED. *

Name: _____	E-mail Address: _____
Address: _____	
City/Province: _____	Postal Code: _____
Phone Number: (Home) _____	(Work) _____

Submit Recertification Application Form with Fee Payment (**\$75 Certification Fee / 3 years; Late fee \$25: with special permission only**), along with **A MINIMUM OF 300 HOURS OF HATHA YOGA** professional development in the following categories: (See the *Hatha Yoga Teacher Training Syllabus and Guidelines and Hatha Yoga Teacher Certification Requirements and Guidelines* at www.yoga.ca/beateacher.htm for more details. See Appendix A for a definition of hatha yoga.)

- **UPGRADING WORKSHOPS / CLASSES:** An applicant must account for a **minimum of 150 hours of formal upgrading, with a minimum of 50 hours of participation as a student in HATHA YOGA WORKSHOPS/ CLASSES WITHIN A THREE YEAR PERIOD.** (Appendix K-2). It is recommended that the workshops / classes are taught by senior international hatha yoga instructors or senior hatha yoga instructors. If you have between 50-149 hours of workshops / classes attended because your practice has been more focused on self-directed study, you will be required to submit a short report detailing your current area of focus within the field of yoga, outlining your continued ongoing formal practices, studies, related readings, etc., with the approximate number of hours that you have dedicated to them. **The YAA recognizes YAA Certified Senior Teachers as dedicated and accomplished teacher-practitioners with 20 or more years of practice and 10 or more years of teaching. As such, learning and study in a formal way is expected to be ongoing within an established practice, even if the required hours of class instruction are reduced.**
- **TEACHING HOURS:** An applicant must account for a **minimum of 50 hours of teaching HATHA YOGA WITHIN A THREE YEAR PERIOD** (Appendix K-3). If you have between 50-149 hours of teaching, then the additional required hours to make up the total of 300 hours can be made up through attendance in hatha yoga workshops / classes. Self-directed study hours may not be used as a substitute for teaching hours.

If you have taught or attended workshops / classes over and above the required hours, please record those hours as well in order that a complete profile of your professional development is in your Yoga Association of Alberta Certification file. If you do not meet the minimum hourly requirements as outlined above, please see the above-mentioned document, Section III.5 – Requests for Extension.

By signing below, I affirm that all the documents attached to this certification application are correct, complete and fully disclose my yoga activities. I also agree to have my name, phone number, teaching location and training added to the YAA Directory in *Yoga Bridge* and on the YAA Website. I am an Alberta resident.

Applicant Signature: _____ Date: _____

**YOGA ASSOCIATION OF ALBERTA
SENIOR TEACHER WORKSHOPS / CLASSES SUMMARY SHEET**

NAME: _____

YAA Certified Since: _____

You must account for a minimum of 150 hours of formal upgrading, with a minimum of 50 hours of participation as a student in HATHA YOGA WORKSHOPS/ CLASSES WITHIN A THREE YEAR PERIOD. It is recommended that the workshops / classes are taught by senior international hatha yoga instructors or senior hatha yoga instructors. If you have between 50-149 hours of workshops / classes attended because your practice has been more focused on self-directed study, you will be required to submit a short report detailing your current area of focus within the field of yoga, outlining your continued ongoing formal practices, studies, related readings, etc., with the approximate number of hours that you have dedicated to them. The YAA recognizes YAA Certified Senior Teachers as dedicated and accomplished teacher-practitioners with 20 or more years of practice and 10 or more years of teaching. As such, learning and study in a formal way is expected to be ongoing within an established practice, even if the required hours of class instruction are reduced. (See the *Hatha Yoga Teacher Training Syllabus and Guidelines* and *Hatha Yoga Teacher Certification Requirements and Guidelines* at www.yoga.ca/beateacher.htm for more details. See Appendix A for a definition of hatha yoga.)

Date	Teacher	Location	Hatha Yoga Hours	Estimate % of Class Hours on Asana Training	Class Description
TOTAL HATHA YOGA CLASS HOURS				Use more pages as necessary	

**YOGA ASSOCIATION OF ALBERTA
SENIOR TEACHER EMPLOYMENT / TEACHING SUMMARY SHEET**

NAME: _____

You must account for a minimum of **50 hours of teaching HATHA YOGA** within a three year period. (See the *Hatha Yoga Teacher Training Syllabus and Guidelines and Hatha Yoga Teacher Certification Requirements and Guidelines* at www.yoga.ca/beateacher.htm for more details. See Appendix A for a definition of hatha yoga.) If you have between 50-149 hours of teaching, then the additional required hours to make up the total of 300 hours can be made up through attendance in hatha yoga workshops / classes. Self-directed study hours may not be used as a substitute for teaching hours.

Record of Hatha Yoga Employment/Teaching

Date	Employer	Phone	Class Location & Description	Hours
TOTAL TEACHING HOURS				

Use more pages as necessary