

# YOGA ASSOCIATION OF ALBERTA TEACHER DIRECTORY

11759 GROAT ROAD, EDMONTON, ALBERTA T5M 3K6 (780) 427-8776; www.yoga.ca; yaa@yoga.ca

City	Last Name	First Name	Phone	Directory (For abbreviations see www.yoga.ca/directory.htm)	Location
Edmonton	Agrios	Susan	905-9930	Only fitness trainer in North America with advanced Yoga Nidra Training & S W D	
Edmonton	Ah-Shene	Deirdre	433-2702	GK, HDhanaraj. Mind/body harmony, gentle, relaxing, non-competitive.	S U D
Edmonton	Allen	Cathy	436-8349	YAA, IYAC member.	S
Edmonton	Atton	Jesse	707-4309	Teacher	
Edmonton	Avenati	Michael	468-6583	Teacher.	A
Edmonton	Awakening Within	DanaMiller (owner)	429-4800	Awakening Within.Yogawellness ctre, hatha/ashtanga, small class all day, D	
Edmonton	Ayre	Sandy	474-4536	YAA, hatha, vinyasa flow, yoga for grief support. <b>Seba Beach</b>	A
Edmonton	Bacsik	Colin	994-4085	Teacher	
Edmonton	Balding	Leah	451-8494	Teacher	
Edmonton	Bardoel (Mclaughlin)	Rosalie	907-2341	FK. Leduc. Hatha, pranayama, Okido yoga, beginner and intermediate.	N W
Edmonton	Bartkus	Gloria	465-5598	YAA-TTP	
Edmonton	Basisty	Brandy	474-5550	YAA-TTP. Hatha, body awareness.	
Edmonton	Bassie	Fiona	242-4960	YAA-TTP	
Edmonton	Beattie	Sandra	633-4533	YAA-TTP	
Edmonton	Bector	Monica		Teacher	
Edmonton	Belair	Karen	437-0510	YAA. BREATH, balance, strength, relaxation, awareness, fun!	D N
Edmonton	Bell-Hiller	Audrey	463-9944	YAA. Hatha yoga, alignment, balance, mind/body/breath,flexibility,relax'n, W	
Edmonton	Belostotsky	Marina	487-4341	Hatha yoga, beginners, intermediate, ashtanga yoga for beginners.	W
Edmonton	Berglund	Casey	722-6535	Teacher	
Edmonton	Bijelic	Marijana	709-1485	YAA	
Edmonton	Bittorf	Treva	918-8697	YAA-TTP.FK Linking breath to movement in various styles of hatha yoga.	A
Edmonton	Blackmore	Kirstie	465-7100	YAA-TTP	
Edmonton	Bliss	Tamara	483-0491	YA RYT200. Hatha vinyasa flow, Shiva Rae influence, relax & restore,	S U D
Edmonton	Bock	Linda	437-0086	YAA. HI, DES.	
Edmonton	Boehm	Kat	453-5056	YAA, YA. Body awareness, alignment & breath. Flow & hatha yoga. Yoga U D	
Edmonton	Bosnyak	Ramona	463-0270	YAA. <b>Leduc</b>	
Edmonton	Bowes	Andrea	431-2130	Teacher	

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Edmonton	Bowker (YogaDen)	Valerie	432-4449	YAA,YS. The Yoga Den. Ashtanga, hatha, sattva, gentle yoga,prenatal,	S
Edmonton	Bram	Frema	465-4668	Family Yoga Centre-Yoga in the Iyengar tradition:YAA, IYAC. IYAC	S
Edmonton	Brese	Marjorie	468-5235	Small classes & private sessions. Emphasis on self-awareness.	
Edmonton	Brisson	Roxane	994-6369	RYT200,IYT. Hatha, hatha flow, stress reduction.	N
Edmonton	Bunton	Catherine	461-5410	FK. Traditional hatha yoga & breathing, beg, Inter. level. AM and PM incl.	
Edmonton	Bustin	Jennifer	439-6950	YAA. Belgravia Comm Hall. Ashtanga, Vinyasa Yoga. Strength, stability	S U
Edmonton	Cantafio	April	717-9198	RYT200. Ashtanga, hatha, Akhamda, Sattva. <b>Stony Plain</b>	W
Edmonton	Carey	Raymond	437-7978	YAA-TTP	
Edmonton	Carlson	Kristy	439-0645	YAA-TTP	
Edmonton	Carr	Jane	433-8829	YAA-TTP	
Edmonton	Cassady	Edie	466-6548	YAA. FK,YAA,AHS. Traditional Hatha Yoga, Vini Yoga , Okido, Kundilini,	S
Edmonton	Cassidy	Jennifer	479-6062	Teacher	
Edmonton	Chaba	Darci	477-7796	FK. Hatha	
Edmonton	Chan	Irene	466-5879	YAA	
Edmonton	Chavda	Tina (Taruna)	449-3562	YAA, YFT, GK, FK, RR. Hatha yoga.	
Edmonton	Chavda	Bhavna	433-1722	Teacher	
Edmonton	Chavda	Bhavisha	884-4238	YFT.Vinyasa style, hatha yoga,international.	S D
Edmonton	Checknita	Melanie	499-6456	YAA, GK, DS, Darby, Clarfield. Hatha, Ashtanga, seniors, kids, prenatal,	E S
Edmonton	Chikinda	Joy	492-2231	Campus Recreation, U of A. Numerous classes daily; many styles.	
Edmonton	Chong	Mei Mei	488-4866	Teacher	
Edmonton	Christianson	Anita	298-1410	YAA. Yoga for everyday life; body, mind, spirit awareness, prenatal,	S
Edmonton	Chua	Mei	478-3031	YAA, IYAC/TTP	
Edmonton	Cowper	Lillias	488-5608	Svaroopaa yoga.	S
Edmonton	Cramer	Gisele	436-7721	YAA. Hatha yoga, gentle stretching, strength, body alignm't, fun.	U
Edmonton	Cullen	Anita	486-9637	Iyengar Yoga Cert. (UK), member of IYAC, asana work in the Iyengar	S
Edmonton	Cunningham	Marcy	452-1079	YTT 200. Hatha/restorative	A
Edmonton	Currie	Henry	454-1465	Teacher	

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Edmonton	Cuthbert	Karen	455-4025	YAA. Hatha yoga flow, Yin yoga, chair yoga, pranayama, restorative.	N W U
Edmonton	Cwiklewich	Geoff	940-3206	Teacher	
Edmonton	Daruda	Nicole	905-5139	YAA-TTP	
Edmonton	Davidson	Michelle	996-1476	Hatha, Yoga Flow/Registered yoga teacher & Yoga Alliance	N S
Edmonton	Dawson (Barton)	Jan	433-2565	YAA-TTP	
Edmonton	Dempsey	Sass	642-3564	Vinyasa, hatha, pre/post-natal.	C
Edmonton	Dombro	Lawrence	989-4056	YAA. FK. Hatha yoga, pranayama, mudras, meditation and philosophy.	S
Edmonton	Dul	Kari	435-4881	YAA-TTP	
Edmonton	Dumont	Linda	428-0805	YAA, FK. YAA senior teacher, traditional ashtanga, power, & hatha dance.	D
Edmonton	Duxbury	Isa	732-7860	YAA, FK. YAA Senior Teacher, 36 years exp., TT, hatha yoga, body	W D
Edmonton	Eastwood	Anita	487-5448	YAA-TTP	
Edmonton	Eder	Carole	474-7169	YAA, FK. Asana, relaxation, restorative.	N
Edmonton	EdmYoga Studio	KenStrachan	457-9707	BS, FK, DS. Edmonton Yoga Studio. Hatha yoga, Iyengar influence,	N E W
Edmonton	Elliott	Megan	757-7776	Chakra YC. Ashtanga, Chakra, hatha yoga.	S U
Edmonton	Enfield	Leala	982-2226	Prana Yoga Studio. Vinyasa flow, Hatha, Therapeutic, pre/postnatal, teen, W	
Edmonton	Fahlman	Lynne	434-5148	YAA, FK.	D S
Edmonton	Fairhurst	Betty	423-3414	YAA. Mind, body, breath connection, alignment, form, focus, strength,	A
Edmonton	Fairless	Amy	433-4105	YAA, YA, SOYA, RYT-500. Hatha yoga for all levels, classes for seniors,	S
Edmonton	Falcone	Franco Kevin	497-7459	YAA. Teacher, hatha yoga.	D
Edmonton	Fedun	Carol	447-2277	YAA. Gentle asana, mindfulness, relaxation, body-breath awareness.	S D
Edmonton	Feinstein	Pippa	246-2927	YAA-TTP	
Edmonton	Ferguson	Laeonie	439-9811	Hatha yoga for integratn, breath, well-being, and flexibility. Prenatal and	A
Edmonton	Firth-Warlund	Sheila	472-7989	YAA-TTP	
Edmonton	Fischer	Kyla	430-0229	Teacher	
Edmonton	Fisher	Carlean	432-3363	YAs. Hatha Yoga-Hidden Lang., reflection, Kundalini, dream, Divine Light, S D	
Edmonton	Flett	Natasha	989-4294	Teacher	
Edmonton	Flynn	Lynda	732-0797	YAA	

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Edmonton	Fodchuk	Anna	405-3027	IYT. Hatha yoga teacher. Yoga Therapist.	S
Edmonton	Forsyth	Pamela	453-1779	Teacher	W
Edmonton	Foster	Rachel	906-1912	YAA, YFT, RR. Hatha yoga/coaching, health professional, Riverbend.	S
Edmonton	Frances	Anne	434-7872	YAA. Gentle stretching to rediscover body, mind and breath.	S D
Edmonton	Freeman	Stacey	940-1148	YAA-TTP	
Edmonton	Gagnon	Kathleen	984-0781	YAA, RYT. Vinyasa flow, prenatal. W.D, yoga therapy.	D
Edmonton	Galbraith	Sylvia	455-6741	YAA, FK. Traditional hatha yoga asanas pranayama relaxation beg, inter, D	
Edmonton	Giammarioli	Renee	431-1916	YAA. Body aw. & alignm't, pre/postnatal, Reg. Physical Therapist,	S U
Edmonton	Green	Geoff	439-6835	YA. Ashtanga yoga, flow, hatha, meditation, pranayama.	W S U
Edmonton	Griffin	Lindsay	860-3596	YAA-TTP. Siv. TTC/ATTC, Hatha, Raja, 5 points. Beg./Interm., all ages,	C
Edmonton	Guerreiro	Angie	440-5110	Hot/Moksha/Baptiste/Vinyasa.	W S
Edmonton	Haggard	Neil	434-2787	YAA. Traditional hatha yoga for beginners, intermediate, & athletes, Yoga	S
Edmonton	Hamdon	Karen	489-5920	YAA, FK. Conscious Yoga , traditional hatha yoga, medit' n, pranayama.	W U
Edmonton	Harbora	Mark	884-2894	Hatha, Yin, restorative & power yoga. Trained at Prana Yoga College, 500 E W C	
Edmonton	Hargreaves	Sarah (Satchi)	785-1390	KY, PR. Loving, meditative, non-dual, breath, sensing, Yoga Nidra, iRest,	E S
Edmonton	Harmsma	Gerharda	479-0749	Teacher	
Edmonton	Hastings-Morris	Sara	405-1678	TY, YA. Vinyasa flow, ashtanga, restorative, pre/post natal, Yoga Kids	All
Edmonton	Haverkort	Caroline	297-9642	YAA. Certified iRest Yoga Nidra; connect body, mind, breath; stretch,	A
Edmonton	Haykowksy	Carmella	454-8483	YAA-TTP, YA, YogaWorks. Adapted/Senior, Chair, gentle, hatha flow,	
Edmonton	Heyes	Cressida	482-1526	YAA.www.bodymindyoga.ca for info on Body-Mind Yoga.	U D
Edmonton	Hill	Anne	433-0759	YAA-TTP	
Edmonton	Hochstein	Jenny	405-1392	Shree Yoga. RYT200, hatha, medit' n, gentle, partner, pre/post natal.	C S
Edmonton	Hoffmann	Angelika	466-9013	YAA. Yoga for Stiffs.	E
Edmonton	Hook	Janette	475-1751	YAA, RR, IY Edm.	N S
Edmonton	Hoosier	Tina	490-5870	FK	
Edmonton	Hryniw	Carrie	758-7427	YAA-TTP	
Edmonton	Hyndman	Teddy	436-1320	YAA, IYAC, 25+ yrs. teaching, TTP advisor, MS yoga, YAA past	U

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Edmonton	Inskip	Robin	435-1701	Gentle support for body and soul. robin.inskip@gmail.com	A
Edmonton	Insley	Darlene	461-2845	Teacher	
Edmonton	Irwin	Alison	439-9045	YAA, Viv. Meditation, body awareness, pranayama, asana, children.	N
Edmonton	Jalkanen	Nita	477-2834	YAA, GK, FK. Traditional Hatha yoga.	C
Edmonton	Jeong	Julie	433-5960	YAA. To cultivate awareness of the moment through breath, asanas &	S
Edmonton	Jevne	Sonia	450-9101	Teacher	
Edmonton	Johnsen	Ann	288-3414	Teacher	
Edmonton	Johnson	Rene	421-9444	YA, YW-TT. <i>Shanti Yoga Studio</i> . Ashtanga, YIN yoga, hatha, prenatal.	D N E
Edmonton	Johnston	Michelle	951-6474	YAA. Mindful hatha yoga.	
Edmonton	Jones	Melanie	421-1612	YAA, EYS, FK, Siv. M. Monnard. BA Honors Dance – U of Waterloo.	C N S
Edmonton	Kaiser Gladwin	Kerri	483-6084	Teacher	
Edmonton	Kantor	Sylvia	447-5965	YAA. Hatha and restorative yoga, breath awareness.	A
Edmonton	Kaye	Kelly	461-1378	FK, hatha yoga, Pranayama, meditation.	S
Edmonton	Kendal	Julia	423-0380	YAA. Basic hatha yoga, kundalini yoga, okido yoga, Senior teacher with	C S
Edmonton	Khattab	Friedel	466-6335	YAA, Friedel Khattab School of Yoga. Intern'l techn'q, traditions learned	S
Edmonton	Khattab	Lillian	465-6877	FK. Hatha yoga systems, breathing, meditat'n, relax'n, 12-day intensives.	S W C
Edmonton	Kim	Megan	435-8427	YAA-TTP	S
Edmonton	Kirkwood	Karen	450-4755	YAA. Raja yoga, karma yoga, meditation.	
Edmonton	Kitzman	Walter	436-1491	YAA-TTP	
Edmonton	Klasson	Robin	901-9907	Teacher	A
Edmonton	Kovac	Marian	465-2038	YAA-TTP	
Edmonton	Kozak Kowand	Tatjana	700-8372	YAA-TTP, YFT. Hatha yoga.	S
Edmonton	Langenberg	Marcia	436-3767	YAA, Rosemary Antze - Desikachar lineage. Sutras, asanas, pranayama,	S
Edmonton	Laurie	Roberta	641-2831	Astanga yoga, hatha, meditation, seminars.	
Edmonton	Linaker	Launa	904-5949	RYT200, AFLCA. Mind body specialist. Retreats in Canmore.	S
Edmonton	Lindholm	Annette	678-4112	YAA-TTP	
Edmonton	Liu	Diana	435-9915	YAA Relaxation, breath awareness, gentle stretching to warm up, asana,	S

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Edmonton	Lobkowitz	Susan	469-9075	YAA, HYT. Gentle asanas to connect mind & body thru. breath, balance,	E C
Edmonton	Loke	Watson	645-6315	Teacher	
Edmonton	Lucy	Fay	472-0570	YAA, FK, PYC. Ownership, responsibility through breath, body,	S
Edmonton	Lunden	Tori	462-4439	Teacher	
Edmonton	Luthra	Vishal	297-6419	Teacher	
Edmonton	MacGurry	Alanna	642-3621	Hatha-based yoga, meditation, breath work, Aryurveda.	A
Edmonton	Mamer	Dawn	483-4940	YAA, DM. Breath awareness, asanas, strength, flexibility, relax'n.	W C
Edmonton	Marienhoff	Sherri	440-4898	Teacher	
Edmonton	Marvin	Marlene (Sams)	455-1907	FK. Yogasize (cardio fitness, resistance, back. EX. Hatha) Beg-Int..., 50+,	W D
Edmonton	Mauricio	Wanda	468-4557	YAA-TTP	
Edmonton	McCann	Beth	434-0741	YAA, SS. Yoga with attention to alignment, breathing, meditation,	S
Edmonton	McClary	Maryon	436-5522	YAA, IYAC-TT.	S U
Edmonton	McGinnis	Yona	433-7032	YAA. Yoga as a therapeutic tool, Gentle hatha yoga.	A U
Edmonton	McLennan	Linda	430-7694	YAA. Gentle, home based beginner to intermediate hatha yoga.	W C S
Edmonton	McNally	Corinne	473-8762	YA, TY. Vinyasa flow, restorative, ashtanga, hatha, breath, pre/post natal,	W S U
Edmonton	McNichol	Chantelle	454-9220	TY.	S D
Edmonton	Meditation Ctre	BK	425-1050	Meditation classes offered as a free community service.	D
Edmonton	Meers	Edward	471-2933	Teacher	
Edmonton	Meyer	Elfriede	486-1643	YAA, YAs. Yoga therapy. Asana, breath awareness, meditation.	W
Edmonton	Michaud	Natasha	908-6308	YAA-TTP, Yoga Within-TTP	
Edmonton	Migorska	Anna	757-0390	YAA-TTP	S
Edmonton	Miller	Martha	634-5942	YAA-TTP	
Edmonton	Miller	Roxanne	429-4328	YAA-TTP	
Edmonton	Milne	Barbara	469-5897	YAA, FK, YFT. Hatha yoga, breathing, med'n, relax'n, promote creativity & A	
Edmonton	Milroy	Corinne	440-4633	YAA, IYAC. Asana for all levels including gentle and athletes.	C S
Edmonton	Mirus	Judith	433-0405	YAA, IYAC. Patanjali's eight limbs according to B.K.S. Iyengar, asana	S U
Edmonton	Moffatt	Rob	420-6425	Hatha, ashtanga, trained in Edm., Calg. & India.	U D S

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Edmonton	Moldenhauer	Deborah	455-6152	Teacher	
Edmonton	Moore	Melanie	757-0276	YAA-TTP	
Edmonton	Moynes	Janet	473-1068	Hatha flow, hot Vinyasa, Fusion, spiritual practice.	St.
Edmonton	Murphy	Judy	430-7562	YAA. Hatha yoga. Body, breath awareness, flexibility, strength, relaxation.	U D S
Edmonton	Murphy	Marthe	481-6680	Teacher	
Edmonton	Nolte	Natalie	862-6853	Hatha, hatha flow, all levels, meditation, pranayama.	
Edmonton	Nygren	Donna	428-9649	Teacher	
Edmonton	Ogden	Sally	435-9005	YAA-TTP, Siv, Yamuna Body Rolling Cert., graduate MRU Yoga Therapy.	S
Edmonton	Osborne	Lorraine	340-1459	Teacher FK	
Edmonton	Oxford	Gaye	433-5172	RM, SS. Awareness training thru body sensing. Privates.	S W
Edmonton	Pachnowski	Cathy Anne	432-3363	YAS, RYC. Divine Light Inv'n, kundalini, mantra, Hidden Language Hatha	A
Edmonton	Palaschuk	Anne	463-3801	YAA. Pre-natal, beginner classes, Level 1 & 2 hatha, post natal, yin yoga.	W S
Edmonton	Papirnik	Patti	474-5193	YAA-TTP	
Edmonton	Paré	Denise	454-9696	FK. Postures, breathing and meditation (traditional hatha yoga).	W D
Edmonton	Parker	Leanna	910-8927	YAA-TTP, IYAC-TTP	C
Edmonton	Parr	Sandra	453-6037	YAA. Kriya yoga, Ayurveda, MTT. Energy awareness, medit'n,	N E
Edmonton	Parsons	Graham	436-5926	YAA-TTP	
Edmonton	Paton	Kathleen	436-9363	YAA-TTP	
Edmonton	Penny	Virginia	454-7327	YAA. Focus on energy work, individualized approach.	W D
Edmonton	Pentlend	Eric	399-3691	Teacher	
Edmonton	Petruch	Kurt	465-9422	YAA,YFT,DS.	A
Edmonton	Peyrow (YogaLoft)	Rameen	433-8999	Ashtanga Yoga, Yin Yoga, Sattva Yoga, meditation.	U
Edmonton	Phillips	Karen	490-6417	YFT. Ashtanga Yoga. TY Trainee - Level 1 compl. Vinyasa Flow.	S U D
Edmonton	Powell	Joyce	461-9523	FK. Hatha and Okido.	
Edmonton	Prendergast	Petra	988-5833	YAA-TTP	
Edmonton	Radford	Joan	407-7299	Pulse Generator	
Edmonton	Radyo	Anna	439-5196	YAA Senior teacher, SS. Alignment, breath focus, self-awareness, energy	S

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Edmonton	Rai	Aman	244-7300	Teacher	
Edmonton	Rayner	Jackie	757-7673	Yoga Works. Gentle yoga, Vinyasa flow-heavy influencw of	A
Edmonton	Reynolds	Beth	434-4281	YAA, RR. Advanced restorative yoga, privates or small group. Hatha yoga S	
Edmonton	Rezek	Yvonne	424-1704	YAA-TTP	
Edmonton	Richmond	Lisa	908-2201	YA200. Hatha, restorative, flow, athletes, therapeutic. <b>St. Albert</b>	A
Edmonton	Robertson-Davis	Tammy	686-9602	YAA	
Edmonton	Robinson	Dorothy	461-9615	FK. Hatha yoga, pranayama, relaxation, meditation	C N S
Edmonton	Romano	Michelle	802-1797	YAA. Restorative, stress relief, breath work, meditation.	Morinv ...
Edmonton	Rose	Sharyn	487-8901	YAA-TTP	
Edmonton	Roussil	Helene	454-5231	YAA, RMT. Flowing hatha yoga.	A
Edmonton	Sagan	Julie	423-3999	Certified Bikram Method Yoga Instructor, Studio Director	
Edmonton	Saroya	Indira	463-8755	Teacher.	A U
Edmonton	Schouten	Mary Janet	436-5181	YAA-TTP	
Edmonton	Schroder (Fitzgerald)	Krysta	436-7148	YAA. (Fitz-Gerald) Iyengar influence, alignment, strength & stability, &	D A U
Edmonton	Scott	Keely	469-5419	YAA. Himalyan tradition, 9 yrs teaching. Stability, mobility & relax'n.	C
Edmonton	Secord	Carol	452-4424	YAA-TTP. Hatha yoga classes, Viniyoga, beginner & interm., gentle yoga,	
Edmonton	Sharp	Lynnda	488-9584	YAA. Himalayan Trad'n, gentle Hatha, Yoga Nidra Level 1.	W
Edmonton	Shimko	Janie	478-0246	Hatha yoga, Pilates, breathing, meditation and core strength.	N
Edmonton	Sielecki	Anita	432-7152	YAA, SS. Body awareness, breath, spirituality, asana, alignment. <b>U of A</b>	C
Edmonton	Smith	Lawrie	452-0823	YAA-TTP	W C S
Edmonton	Spence	Debbie	249-4015	YAA-TTP	
Edmonton	Sran	Satwinder	457-6639	KRI. Any age, postures, breath, sound, mantra & medit'n to prepare	E ~.
Edmonton	Stainthorp	Dallas	919-6315	Teacher	
Edmonton	Stephens	Sandra	909-6040	YAA. Yoga asana, breathwork, meditation,. Sandra.stephens@shaw.ca	C S
Edmonton	Stralak	Karen	468-2687	YAA. Beginner hatha & hatha.	S
Edmonton	Szidorov	Michael	490-6417	YA, TYIII. Hatha, vinyasa flow & martial art fusion.	E S U ~
Edmonton	Thistlethwaite	Sally	445-9774	Teacher	

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Edmonton	Thornton	Beverley	709-4426	YAA-TTP	
Edmonton	Tjelum	Pernille	445-4675	Bikram Yoga.	U D
Edmonton	Tyess-Smith	Lakshmi	406-4247	SS. Gentle hatha yoga.	N
Edmonton	Unger	Jes	435-0952	RYT through Trinity Yoga, pre/post natal, Vinyasa flow and Hatha style	N W D
Edmonton	Ursuliak	Zena	472-7733	YAA, PYC, ICYER, SOYA. Dakini yoga, all levels, pre/post natal, yoga	N E S ~ ~
Edmonton	Ustina	Melanie	479-2641	YAA, TY	
Edmonton	Van Schie	Georgina	487-9080	YAA, YFT, RR. Hatha yoga, flow yoga, prenatal.	W
Edmonton	Vaudan	Linda	481-2848	YAA	
Edmonton	Vogelaar	Ryan	475-9642	YFT. Ananda Yoga Shala, hatha yoga, ashtanga, prenatal.	E C N
Edmonton	Ward	Jeanette	634-4350	YAA, YA. Hatha, all levels, gentle, restorative, pranayama, medit'n.	S
Edmonton	Wasserfall	Melissa	660-0713	YAA. True Yoga Studio. Ashtanga, vinyasa flow, 12 years teaching exp..	S
Edmonton	Wildman	Francesca	484-1476	Hatha yoga pranayama-conscious yoga. All ages, all levels.	W C
Edmonton	Wilson	David	455-0318	YAA, YCC. Hatha, Breath Therapist, Voice instructor, cellular memory	W
Edmonton	Winton	Shelley	452-5759	YAA, DM. Gentle mindful yoga, breath, body/mind connection, Hakomi,	C
Edmonton	Yapp	Paul	288-3388	YAA, GK. Hatha yoga, Kundalini, Raja, pranayama, Qi (chi) Gong, Tai	A
Edmonton	Zapata	Jessica	436-0002	Variety of yoga styles and practices in a private, welcoming studio.	S
Edmonton	Zein	Lance	461-7968	Vinyasa flow.	D W