

YOGA ASSOCIATION OF ALBERTA TEACHER DIRECTORY

11759 GROAT ROAD, EDMONTON, ALBERTA T5M 3K6 (780) 427-8776; www.yoga.ca; yaa@yoga.ca

City	Last Name	First Name	Phone	Directory (For abbreviations see www.yoga.ca/directory.htm)	Location
100 Mile House	Hughes (Suchocki)	Christey	609-1323	YAA-TTP, Hatha, Yoga Nidra	
Blind Bay	Dewitt	Jutta	675-4060	YAA, IYAC. Creating mind/body aw. Balancing strength & flexibility,	
Candle Lake	Murphy	Yvonne	929-2416	YAA. (M. Leblanc mentor) Desikachar -Breath & move't, gentle Hatha.	
Courtenay	Michielsen	Elisabeth	338-4263	YAA, SA, YAs, SVC. Body awareness, asana, breathing, meditation,	Works
Creston	McCarthy	Cathleen	402-6799	YAA. Hatha yoga.	
Fort St. John	Baker	Linda	785-3914	YAA. Asana, pranayama, energy balancing, awareness, meditat'n,	
Golden	Grant	Wendy	344-2936	YAA. Gentle mindful approach, restorative, yoga for backs, iRest	
Golden	Link	Monique	344-7260	YAA, YG.	
Kelowna	Forsythe	Tracy	862-8400	YAA. Hatha yoga. Kelowna.	
Lloydminster	Foss	Dale	875-3574	YAA. Serenity Yoga Studio.Gentle hatha yoga, breath, body awareness,	A
Nelson	Fetterly.	Mary-Jo	866-726	TY Yoga Teacher Training & Personal Development Program.	Vanco
Newmarket	Locke	Marina	64 021	YAA, SOYA, IYTA, FHL. Pre & post natal, hatha yoga, teacher training.	A,
Peachland	Johannesen	Shirley Jayanta	767-6784	YAA, DH, Vipassana, C.A.L.M., teaches internationally. Adv TT www.	
Quathiaski Cove	Beattie	Sue	285-2948	YAA. Restorative yoga with breath, body awareness, and sensation to	Quadr
Salisbury	Schmelzle	Christie	372-9823	YAA-TTP. Focus on physical and energetic alignment of the body. Breath	Monct
Saskatoon	Buffel	Paul	955-7488	YAA. Iyengar trained.	Centra
Saskatoon	Nixey	Evelyn	683-2605	YAA, IYAC. Iyengar yoga classes.	N E
Victoria	Butot	Michele	475-0020	YAA, E-RYT(500). Hatha, eclectic meditative style, body awareness,	
Victoria	Rogers	Kat		YAA. teacher	
Westbank	Vogel	Dariel	768-0887	YAA,SOYA,ITYT,RYT500,YABC, FK, YS. Awareness, flow in asana	
Winnipeg	Lavitt	Alerry	452-5840	YAA. Traditional HY, therapeutic use of asana, pranayama, chant,	U D